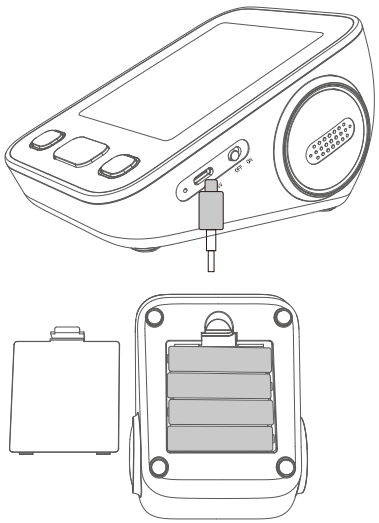


Arm Type Electronic Blood Pressure Monitor

Model: BP-205

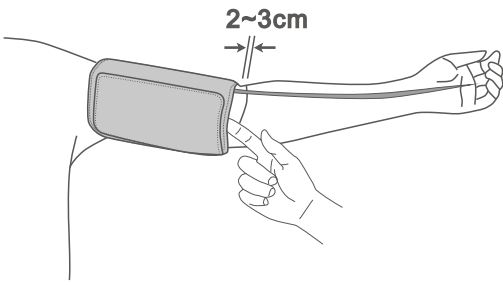
Quick Use Guide

1. Install Batteries or Connect the Power Supply Before Use



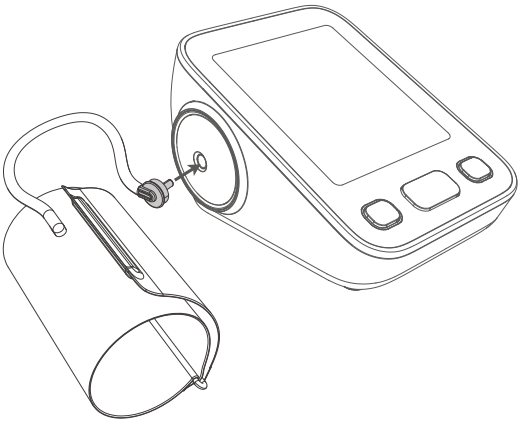
Tips:
Please read the instruction and quick use guide carefully before using the product and keep them properly. The illustrations of products, accessories, user interfaces, etc. in the instruction and quick use guide are for reference only. Due to product updates and upgrades, the actual product may differ slightly from the illustrations, so please refer to the actual product.

2. Wear the Cuff



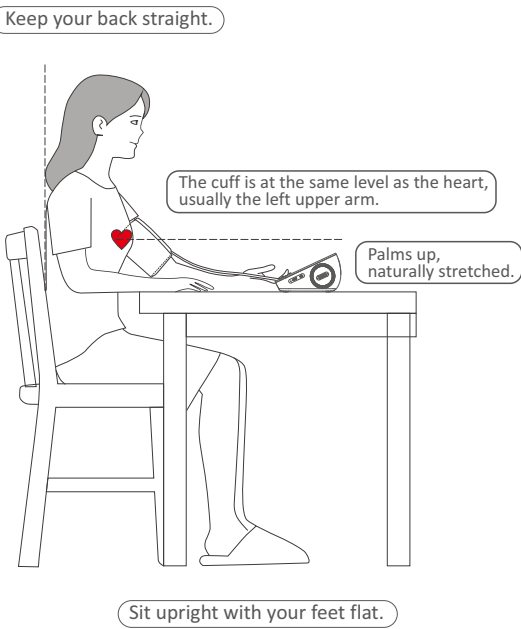
Wrap the cuff around the upper arm (usually the left upper arm) and place the airway tube on the forearm. The bottom of the cuff should be 2cm-3cm above the inner side of the elbow joint of the upper arm. Wrap the cuff tightly and secure it with a cloth buckle. Leave a finger gap between the arm and the cuff.

3. Connect the Air Tube



Align the air tube plug of the cuff with the air tube interface on the left side of the fuselage and insert it to the bottom.

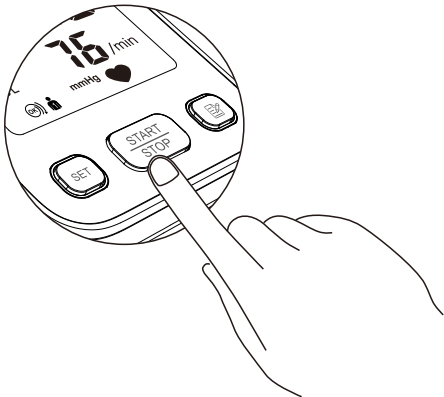
4. Correct Measurement Posture



Rest for at least 5 minutes before measuring, with your arms bare or wearing only underwear.

5. Measure Blood Pressure

Short press the "START/STOP" button to start measuring. Keep your whole body relaxed. Do not move your body or talk during the measurement.

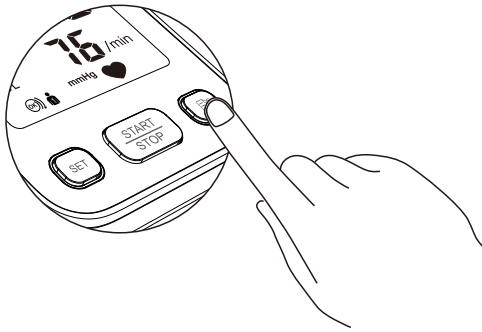


*During the measurement, you can short press the "START/STOP" button at any time to terminate the measurement.

Tips: The human body's blood pressure is constantly changing and is affected by many factors, so the values measured multiple times may fluctuate.

6. View Historical Blood Pressure Data

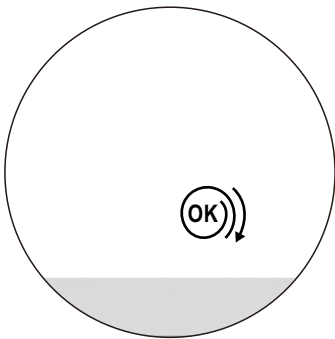
When the meter is powered off, short press the " " button to view historical data.



Press the " " button once to view the memory values of the last three measurements. Press the memory button again to view the " " value of the last measurement.

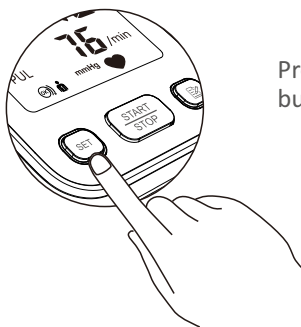
*The blood pressure monitor can store up to 2 groups of 99 historical data for each user.

7. Cuff Wearing Tips

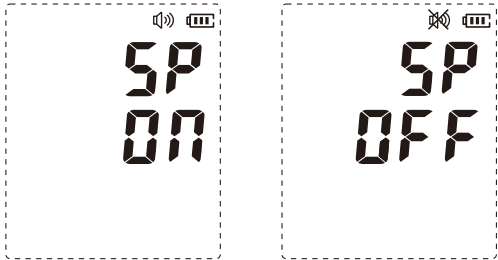


When the cuff is wrapped correctly "OK" When the cuff is wrapped too loosely " " At this time, please tie the cuff again, tighten the cuff and stick it firmly, and start measuring again.

8. Sound Switch

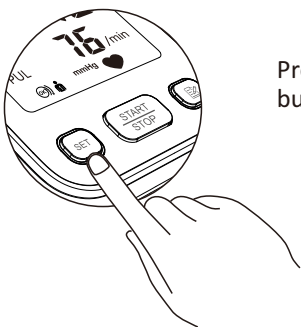


Press the "SET" button eight times

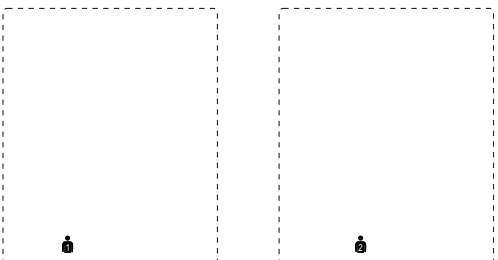


Press the "SET" button eight times, the high voltage area displays "SP", and the speaker switch setting state is entered. Press the " " button to adjust the speaker switch (ON, OFF), and the speaker switch setting is completed. Press the "START/STOP" button to shut down and save.

9. Users Switching

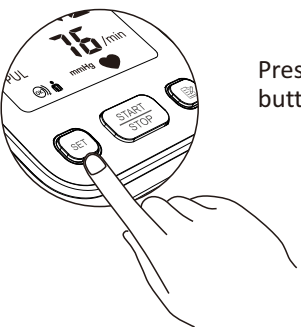


Press the "SET" button two times

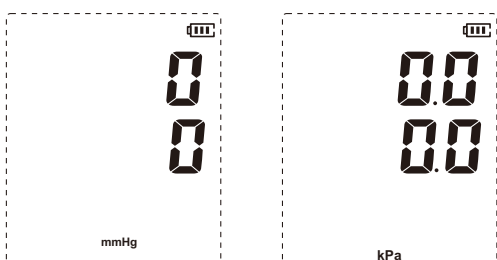


When the device is turned off, short press the "SET" button twice to enter the user icon, and press the " " button to switch between "1", "2" users. Press the "Power" button to turn off and save.

10. Units Switching

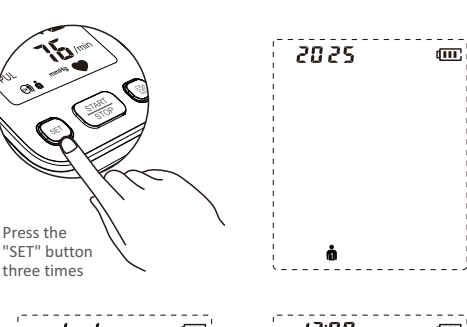


Press the "SET" button one time



When the device is turned off, short press the "SET" button once. If the unit is mmHg, press the " " button to switch to kPa. The screen displays 0.0kPa, indicating that the setting is successful. Press the "START/STOP" button to turn off and save.

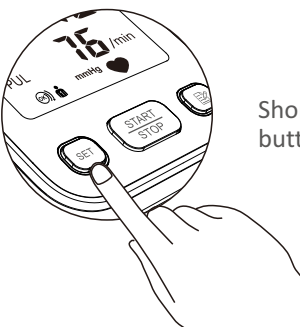
11. Set Date and Time



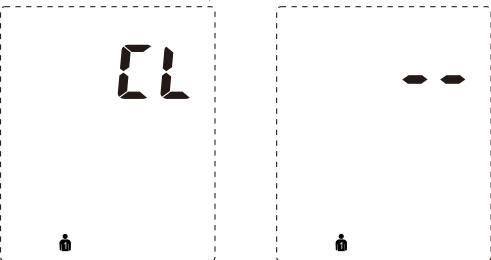
Press the "SET" button three times

In the off state, short press the "SET" button three times to enter the date adjustment, press the memory key to adjust the year, and then press the "SET" button, the month flashes, and enter the month setting state. Press the " " button to adjust the month, and then press the "SET" button, the date flashes, and enter the date setting state. Press the " " button to adjust the date, and then press the "SET" button, the hour flashes, and enter the hour adjustment state. Press the " " button to adjust the hour, and then press the "SET" button, the minute flashes, and enter the minute setting state. Press the " " button to adjust the minute, and the minute setting is completed. Press the "START/STOP" button to shut down and save. Please note that the new settings will not be saved after power failure.

12. Delete Measurement Data

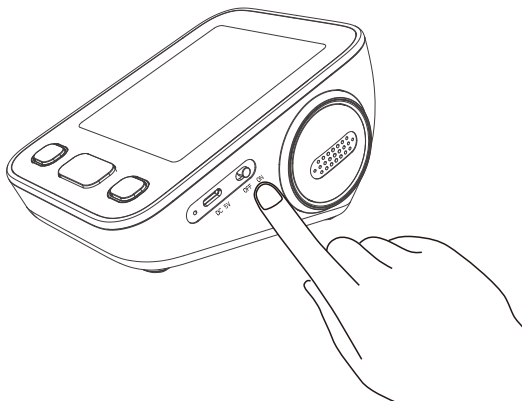


Short press the "SET" button nine times.



In the off state, short press the "SET" button nine times, and "CL" is displayed. Press the " " button and the "START/STOP" button at the same for about 2 seconds. When the screen displays all "--", the memory is deleted. Memory deletion deletes all measurement data under all users at one time.

13. Power Switch



The side slide switch is the battery power switch. Slide to "ON" to turn on the battery power, slide to "OFF" to turn off the battery power.